



Wolf Cub Scouts



Wolf Den Meeting #3

Achievement 2: Your Flag (partial); Achievement 3: Keep Your Body Healthy (partial); Elective 20: Sports; Bowling belt loop (partial)

Preparation and materials needed:

- Find a location with a flagpole so the boys can practice raising and lowering the U.S. flag.
- Bring a U.S. flag, your state flag, and the den flag; a football and flags for flag football; soccer ball, basketball, baseball or softball; and bat.
- Research the meaning of your state flag.
- Print a health habits chart (below) for each boy (Achievement 3a, *Wolf Handbook* page 57).
- Procure indoor space to play flag football, soccer, basketball, and baseball in case the weather does not permit these activities outdoors.
- Prepare permission slips for a trip to a bowling alley at den meeting #4.

Gathering:

- Snack, collect den dues, record attendance.
- Practice raising and lowering the U.S. flag (Achievement 2e).

Opening ceremony:

- Conduct an outdoor flag ceremony (Achievement 2f).

Advancement:

- Achievements 2c, 2d, 2e, and 2g
- Electives 20h, 20i, 20j, 20k or 20l or 20m
- Preparation for next week's meeting: Bowling belt loop, requirement 1. Discuss with the boys the rules of courtesy and safety for bowling. They will need to be able to tell you about these rules next week to qualify for the Bowling belt loop.

Pack meeting preparation:

- Song: "This Land Is Your Land" (*Cub Scout Songbook*)

Closing:

- Retire the colors.

- Distribute the health habits chart (below) to be completed and returned at the next den meeting (Achievement 3a).
- Hand out family information letter and permission slips for a trip to a bowling alley. (A sample family information letter can be found at www.scouting.org/CubScouts/Resources and on the CD in the Resources folder on the main menu.)
- Clean up.

Next Up:

- For den meeting #4, make arrangements with a bowling alley to bring your den. Provide bowling alley staff with a copy of the Bowling belt loop requirements (see the *Cub Scout Academics and Sports Program Guide*, pages 71–72).
- Arrange transportation to the bowling alley.
- Submit a Local Tour Permit Application to your council service center two weeks before this field trip. (The Local Tour Permit Application can be found at www.scouting.org/CubScouts/CubScoutingForms/forms and on the CD in the Resources folder on the main menu.)
- Bring a small U.S. flag.
- Bring stick-on bandages for the boys to use on a “pretend” cut finger.

