



# Wolf Cub Scouts



## Wolf Den Meeting #8

*Achievement 8: Cooking and Eating (completion); Achievement 6: Start a Collection (completion)*

### Preparation and materials needed:

- Bring a U.S. flag and the den flag, and enough paper and pencils for each boy.
- Prepare permission slips for a field trip to a hardware store or lumberyard at den meeting #9.

### Gathering:

- Snack, collect den dues, record attendance.
- Collect from each Cub Scout a list of household chores he has completed in the last month (Achievement 4e).
- Check handbooks for completion of Achievements 8c, 8d, and 8e.
- While snacking, discuss the Food Guide Pyramid (Achievement 8a).

### Opening ceremony:

- Conduct flag ceremony. Remember to move through a rotation of the boys so each boy has a turn at every role in the flag ceremony (Achievement 2b). Have the Cub Scout leading the ceremony tell what the Pledge of Allegiance means (Achievement 2a).

### Advancement:

- Complete Achievement 8a: Study the Food Guide Pyramid. Name some foods from each of the food groups shown in the pyramid.
- Achievement 8b: Plan the meals you and your family should have for one day. List things your family should have from the food groups shown in the Food Guide Pyramid. At each meal, you should have foods from at least three food groups.
- Achievement 6a: Complete the Character Connection for Positive Attitude.
  - **Know.** Discuss with your family how a cheerful and positive attitude will help you do your best at school and in other areas of your life.
  - **Commit.** Discuss with your family how gathering items for a collection may be difficult. How does a hopeful and cheerful attitude help you to keep looking for more items? Why is a positive attitude important?
  - **Practice.** Practice having a positive attitude while doing the requirements for Achievement 6: Start a Collection.

- Achievement 6c: Have each boy bring his collection to the den meeting and show his collection to the den.

### Closing:

- Retire the colors.
- Hand out family information letter and permission slips for a field trip to a hardware store or lumberyard. (A sample family information letter can be found at [www.scouting.org/CubScouts/Resources](http://www.scouting.org/CubScouts/Resources) and on the CD in the Resources folder on the main menu.)
- Clean up.

### Next Up:

- For den meeting #9, bring a U.S. flag and the den flag.
- Make arrangements for a field trip to your local hardware store or lumberyard.
  - Discuss the requirements for Achievement 5 with the store manager and ask for help from the staff on the day of your visit.
  - Determine if the store will permit the boys to build bookends at the store, and if there is adequate space to conduct such activity safely.
  - If the store manager grants permission, then bring wood for bookends and enough hammers, saws, nails, and safety glasses for each boy.
  - Review the use of age-appropriate tools for Cub Scouts in the *Cub Scout Leader How-To Book* and Age-Appropriate Guidelines for Scouting activities ([www.scouting.org/HealthandSafety/Resources/AgeAppropriateGuidelines](http://www.scouting.org/HealthandSafety/Resources/AgeAppropriateGuidelines)); power tools are not appropriate for use by Cub Scouts.
- Submit a Local Tour Permit Application to your council service center two weeks before this field trip. (The Local Tour Permit Application can be found at [www.scouting.org/CubScouts/CubScoutingForms/forms](http://www.scouting.org/CubScouts/CubScoutingForms/forms) and on the CD in the Resources folder on the main menu.)

**Boys who have attended all den meetings and completed home assignments will now qualify for their second yellow Progress Toward Ranks bead (for completing Achievements 4, 6, and 7).**